



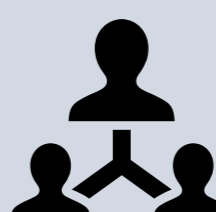




COVID-19 Illness and Quarantine Guidelines

Report all cases to Jeanne Pentorali at jeanne.Pentorali@fics.us or 559-248-7060

STUDENT A	STUDENT B	STUDENT C	STUDENT D	STUDENT E	STUDENT F
 <p>Any student who has tested positive for COVID-19 & confirmed with lab result</p> <p>With symptoms: Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> ✓ 10 days since symptoms first appeared and ✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) and ✓ Symptoms have improved <p>*The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days</p> <p>Without symptoms (asymptomatic): Isolate for 10 days from test date:</p> <ul style="list-style-type: none"> ✓ Monitor self for symptoms, take temperature twice a day ✓ Released from isolation after 10 days have passed as long as no symptoms have been present 	 <p>Any student who is solely symptomatic or who has tested for COVID-19 due to symptoms and waiting for lab results</p> <p>With symptoms: Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> ✓ 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) and ✓ Symptoms have improved <p>*Student B should have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.</p>	 <p>Any student who lives in the same household with Person A</p> <p>If Student C is without symptoms (asymptomatic):</p> <ul style="list-style-type: none"> ✓ Quarantine for 10 days following date of last exposure including complete separation from the person in your house with COVID-19. This means no contact, no time together in the same room, and no sharing of any spaces, such as same bathroom or bedroom. ✓ Quarantine to continue after Person A completes their isolation if unable to avoid exposure to Person A. <ul style="list-style-type: none"> ✓ If Student C remains asymptomatic, they may discontinue quarantine under the following conditions: <ul style="list-style-type: none"> ✓ Quarantine can end after Day 10 from the date of last exposure without testing. ✓ Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative. <p>*If Student C becomes symptomatic, follow the instructions under Student B.</p>	 <p>Any student with close contact to Person A (>15 min (cumulative per day), < 6 feet)</p> <p>If Student D is exposed and both Student D and the positive student were UNMASKED, Student D must quarantine.</p> <p>If Student D remains asymptomatic, they may discontinue quarantine under the following conditions:</p> <ul style="list-style-type: none"> ✓ Quarantine can end after Day 10 from the date of last exposure without testing ✓ Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative. <p>If Student D is exposed and both students were MASKED, Student D may enter a "Modified Quarantine". Students under a Modified Quarantine can continue to come to school under the following conditions:</p> <ul style="list-style-type: none"> ✓ Are asymptomatic ✓ Continue to appropriately mask, as required ✓ Undergo at least twice weekly testing during the 10-day quarantine, and ✓ Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting. 	 <p>Any student who has had exposure to Student B, C OR D</p> <p>NO QUARANTINE OR ACTION REQUIRED</p> <ul style="list-style-type: none"> ✓ Continue to self-certify your health on a daily basis. <p>If Student B, C or D with whom Student E had exposure within 14 days tests positive (timeline should start 2 days before Student B, C or D develops symptoms), then follow directions for Student D.</p>	 <p>Any student who is fully vaccinated against COVID-19</p> <p>Student F needs to mask and should continue to practice handwashing, etc.</p> <p>If Student F is exposed to COVID-19:</p> <ul style="list-style-type: none"> ✓ If asymptomatic, no quarantine is needed. ✓ If symptomatic, COVID-19 testing and contacting primary physician is recommended. Student may return to school when symptom-free for 24 hours. <p>If Student F tests positive for COVID-19:</p> <ul style="list-style-type: none"> ✓ Must isolate for 10 days and can return when symptom-free for 24 hours (1 day) with no fever (without the use of fever-reducing medicine).
 <h2>Recovered and Released</h2>					

Definitions:

- Isolation** separates infected people with a contagious disease from people who are not sick.
- Quarantine** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- Close Contact** a person within 6 feet for more than 15 minutes starting from 48 hours before the person began feeling sick (see Student D).